# CURRICULUM VITAE

# Karen Kuper Shelton, Ph.D. www.karensheltonphd.com

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# **EDUCATION**

Ph.D.	The University	of Alabama, Tuscaloosa, Alabama (1996)
	Major:	Clinical Psychology (APA Accredited)
	Specialty:	Clinical Child Psychology
	Dissertation:	The Structure of Childhood Depression: An Examination
		of DSM-IV Criteria
M.A.	A. The University of Alabama, Tuscaloosa, Alabama (1994)	
	Major:	Clinical Psychology
	Thesis:	Assessment of Parenting Practices: Validation of the
	Alaban	na Parenting Questionnaire
B.A.	<b>Rice University</b>	r, Houston, Texas (1991)
	Major:	Psychology

#### LICENSURE

Psychologist- Nevada (License #PY0486,) October 2004-present Formerly Licensed in Virginia (1998-2004), Florida (2001-2006) and Washington (2003-2004)

## **PROFESSIONAL EXPERIENCE**

April 2001-	Independent Practice
Present	Reno, NV (October 2004- present)
	Puyallup, Washington & Brandon, Florida (April 2001- August 2004)

Forensic evaluation and expert testimony in the areas of child custody, parental competency, child abuse, juvenile competency to stand trial, predispositional evaluation of juvenile offenders, and risk assessment. Trial consultation and evaluation review/ critique in family law matters. Clinical evaluation/ psychological testing in the areas of, learning disabilities, giftedness, developmental delay/ disabilities (e.g., mental retardation, autism), ADHD/ behavioral concerns, and a wide range of diagnostic concerns.

February 1997-	Manager, Evaluation Services
December 2000	(Clinical Psychologist, March 1998-September 1998; Psychometrist, February 1997-February 1998)
	Hampton-Newport News Community Services Board
	Youth, Family, and Adult Clinical Services/ Comprehensive Outpatient Services
	Newport News, Virginia

Managed Evaluation Services program that provides comprehensive psychological and substance abuse evaluations of children, adolescents, and adults referred by court, social services, psychiatry, and mental health/substance abuse treatment providers. Performed comprehensive psychological and forensic evaluations of adults and juveniles. Conducted individual, family, and group therapy with children, adolescents, and adults. Supervised psychologists, psychometrists, predoctoral clinical psychology interns, and practicum students. Provided consultation to Child and Adolescent Case Management, In Home Family Therapy Services, Adolescent Substance Abuse Services, Juvenile Detention, and Mental Retardation Case Management. Coordinated agency's therapy services for sexual abuse victims, conducted therapy with victims, and led therapy groups for adolescent female victims of sexual abuse. Trained in-home therapists and CASA volunteers on abuse and neglect issues.

September 1995-	Clinical Psychology Intern
August 1996	Division of Child & Adolescent Psychiatry
	University of Arkansas for Medical Sciences
	Arkansas Children's Hospital (APA Approved)
	Little Rock, Arkansas

Comprehensive psychological evaluations and individual, family, and group therapy in inpatient and outpatient settings. Member of multidisciplinary team on child and adolescent inpatient units. Specialized training with sexually abused children and adolescents in outpatient program. Consulted weekly with public elementary school. Participated in year-long weekly seminar on the interpretation of the Rorschach using the Exner system.

September 1994-	Therapist
June 1995	Child Life Center, Mobile Mental Health Center
	Mobile, Alabama

Psychotherapy with children and families ages 2 to 12 years. Conducted intellectual and personality assessments. Consulted with child psychiatrist, schools, and community agencies. Trained staff on issues related to psychological testing.

August 1993-	Therapist (Advanced Child Practicum)
August 1994	Indian Rivers Mental Health Center, Children's Services
	Tuscaloosa, Alabama

Psychological evaluations and psychotherapy with children, adolescents, and families.

January 1994-	Group Therapist
August 1994	Family Counseling Service
	Tuscaloosa, Alabama

Co-therapist for weekly, ongoing group for female adolescent survivors of sexual abuse. Areas addressed included self-esteem, sexuality, family issues, social skills, and personal safety.

September 1991-	Case Coordinator
December 1994	Alabama School-aged Assessment Service, University of Alabama
	Tuscaloosa, Alabama

Team member for diagnostic and referral service for school-aged children with emotional, behavioral, or educational problems. This service served as a site for field trials for the DSM-IV. Duties included case management, administration of intellectual, behavioral, and achievement measures and structured diagnostic interviews, report writing and feedback.

August 1992 -	National Institute for Mental Health (NIMH) Trainee/ Psychological Assistant
February 1994	Brewer-Porch Children's Center
	Tuscaloosa, Alabama

Served as a psychological assistant for a residential program for emotionally disturbed children. Participated in multidisciplinary treatment team meetings and wrote behavioral treatment plans. Led group therapy, with an emphasis on social skills training. Performed intellectual and personality assessments.

May 1993-	Psychological Assistant
July 1993	River Place Group Home, Indian Rivers Mental Health Center
	Tuscaloosa, Alabama

Consulted on treatment planning and development of social milieu in a group home for adolescent girls with behavior problems. Co-therapist for interpersonal process and sexual issues groups. Crisis intervention.

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July 1992-	Clinical Psychology Trainee (General Clinical Practicum)	-
August 1993	Psychological Clinic, University of Alabama	
	Tuscaloosa, Alabama	

Psychotherapy with adults, children, and families in an outpatient setting. Approaches to treatment include cognitivebehavioral, rational-emotive, and interpersonal process. Co-therapist for Parent-Child Interaction Therapy (PCIT). Conducted intake interviews and psychological assessment.

May 1992-	Psychology Trainee
August 1992	Veterans Administration Medical Center
	Tuscaloosa, Alabama

Personality assessment of patients on acute psychiatry and dual diagnosis units. Participated in multidisciplinary treatment planning meetings. Co-therapist for depression group.

# ACADEMIC APPOINTMENTS/ TEACHING EXPERIENCE

August 2001-	Adjunct Instructor	
December 2001	Argosy University (Tampa)/ Florida School of Professional Psychology	
	Complete responsibility for teaching graduate level course in Cognitive Assessment in a doctoral clinical	
psychology program.		

January, 1999-	Assistant Professor of Psychiatry and Behavioral Sciences
December 2000	Department of Psychiatry and Behavioral Sciences, Eastern Virginia Medical School
	Norfolk, Virginia
Community facu	lty appointment. Supervise pre-doctoral interns in EVMS' Clinical Psychology internship program.

September 1998-	Practicum Supervisor
December 2000	Virginia Consortium for Professional Psychology
	Norfolk, Virginia
Provided	supervision for clinical psychology graduate students in assessment and psychotherapy practica. Guest

Provided supervision for clinical psychology graduate students in assessment and psychotherapy practica. Gues lecturer on Ethical Issues in Forensic Assessment.

Fall, 1994	Adjunct Lecturer
	Department of Psychology, Spring Hill College
	Mobile, AL
Complete resp	onsibility for teaching a course entitled, "Learning, Cognition, and Memory."

Summer, 1994	Instructor
	Department of Psychology, University of Alabama
,	Fuscaloosa, AL
Complete	responsibility for teaching courses in Developmental Psychology and Abnormal Psychology.

Fall, 1993

Instructor (practicum)

Department of Psychology, University of Alabama Tuscaloosa, AL

Complete responsibility for teaching a course in Introductory Psychology. Supervision involved weekly seminars on the Teaching of Psychology, observation of lectures, and detailed student evaluations.

# PUBLICATIONS

Wootton, J. M., Frick, P. J., Shelton, K. K., & Silverthorn, P. (1997). Ineffective parenting and childhood conduct problems: The moderating role of callous-unemotional traits. Journal of Consulting and Clinical Psychology, 65, 292-300.

- Shelton, K. K., Frick, P.J., & Wootton, J. (1996). Assessment of parenting practices in the families of school-aged children. Journal of Clinical Child Psychology, 25, 317-329.
- Silverthorn, P., Frick, P. J., Kuper, K., & Ott, J. (1996). Attention-deficit hyperactivity disorder and gender: A test of two etiological models to explain the male predominance. <u>Journal of Clinical Child</u> <u>Psychology</u>, 25, 52-59.
- Frick, P.J., Kuper, K., Silverthorn, P., & Cotter, M. (1995). Antisocial behavior, somatization, and sensation seeking behavior in mothers of clinic-referred children. <u>American Academy of Child and Adolescent Psychiatry</u>, 34, 805-812.

# **PROFESSIONAL PRESENTATIONS**

- Shelton, K. K. (March, 2006). Juvenile Competency to Stand Trial. 3 hour continuing education workshop sponsored by the State of Nevada, Division of Mental Health and Developmental Services.
- Shelton, K. K., Loney, B. R., Grooms, T. D., & Frick, P. J. (August, 1998) The Structure of Childhood Depression: An Examination of DSM Criteria. A poster presented at the Annual Convention of the American Psychological Association. San Francisco, CA.
- Shelton, K. K. (May, 1996). Mental heath resources on the Internet Continuing medical education conference, Division of Pediatric Psychiatry, University of Arkansas for Medical Sciences, Arkansas Children's Hospital, Little Rock, AR.
- Shelton, K. K. & Autry, L. (January, 1996). Effective use of time-out. Inservice training workshop presented to inpatient psychiatry staff at Arkansas Children's Hospital, Little Rock, AR..
- Frick, P.J., Kuper, K., Silverthorn, P., Tapscott, M., & Jackson, Y. K., (March, 1994). Antisocial Behavior and Somatization in Mothers of Clinic-Referred Children. A paper presented at the Southeastern Psychological Association. New Orleans, LA.
- Kuper, K., Frick, P.J., Wootton, J., & Ragsdale, E., & Ott, J. (March, 1994). Multi-method Multi-informant Assessment System of Parenting: The Alabama Parenting Questionnaire. A poster presented at the Southeastern Psychological Association. New Orleans, LA.
- Wootton, J. M., Kuper, K. L., & Ragsdale, E. R. (March, 1994). Differential Associations of Psychopathy and Conduct Disorder with Parenting Practices. A poster presented at the Southeastern Psychological Association. New Orleans, LA.

# **PROFESSIONAL MEMBERSHIPS**

American Psychological Association Nevada State Psychological Association Society of Clinical Psychology (APA Division 12) APA Division 53, Clinical Child Psychology APA Division 42, Psychologists in Independent Practice American Psychlogy-Law Society Association of Family and Conciliation Courts